

be
awesome
some **big** GO
Workbook

The PiXL Club Ltd in partnership with Hachette UK



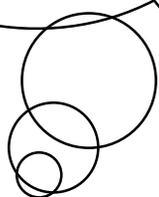
Session 3

Dare to Take Risks - Starter

This week I am grateful for

The art of being happy lies in the power of extracting happiness from common things –

Henry Ward Beecher



Slide 2 – 3

What can you do to over come a fixed mindset?
(if needed look back at session 2)

**Dream big and dare to fail.
What does it mean?**

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Slide 5

Dare to take risks

What are your hopes and dreams for secondary school?

You will be there from when you're 11 to maybe 16 or 18 years old.
A lot will change in that time.

Write down your thoughts about the following:

- What do you hope you will achieve?
- What kind of person do you hope you will become?
- Write down three words that you hope people will say about you.

1.

2.

3.

Slide 6

Are you scared of failure?

Everyone will be scared of failure at some point in our lives,
BUT sometimes fear stops us from doing things.

It can stop you from achieving your goals and dreams.

What are you worried about 'failing' in secondary school?

Some Year 6 students say that they are worried about some
of the following:

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Slide 7 - 16

As you go to secondary school, you might worry about not getting things right.

What are you worried about ?

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What happens if you panic under pressure?

Here are some top tips.

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.

Slide 17- 19

Think again about failure.

That is how we learn.

It is how we become determined.

Think of something that didn't go quite as you had expected. What did it teach you?

Jot that down now.

Task

- Write down three ways that you can be kind to someone this week?
 - Next week, go back to your list and see if you completed this
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- Write down 3 things that you would do if a friend of yours was anxious about starting at St Wilfrid's
 - Write down 3 things that you would do if you saw someone being unkind